



## **Clinical Psychologist – Emergency Department Department of Medicine Division of Behavioral Medicine**

### **Cooper University Hospital:**

Cooper University Hospital is located in Camden, NJ directly across the river from Philadelphia, PA. We are part of a healthcare system that has over 100 medical offices and clinics and 3 urgent care centers as well as a reputable medical school (CMSRU). We serve the Camden urban area as well as the suburban areas surrounding the city. We are the only Level 1 trauma center in southern NJ serving a population of two million. Cooper has recently engaged in a collaboration with our Southern NJ neighbors at Cape Regional as well.

Cooper's Emergency Department (ED) in Camden has an annual census of approximately 80,000 patients, of which over 20 percent are pediatric patients. Over 20 percent of our patients are triaged with a high acuity level and approximately 25 percent are admitted to the hospital, making Cooper ED acuity high relative to other sites. To meet the demands of increasing patient volume, Cooper has expanded the size of its ED and now has 60 to 80 care spaces, in a state-of-the-art facility.

For additional information:

<https://www.cooperhealth.org/services/emergency-medicine>

<https://www.cooperhealth.edu/residencies/emergency-medicine>

<https://www.cooperhealth.org/services/behavioral-medicine>

<https://www.cooperhealth.edu/allied-health/behavioral-medicine>

### **Psychologist Role**

The psychologist chosen for this position will provide psychological consultation and psychotherapeutic intervention for patients and families within the Emergency Department and the Clinical Decision Unit. They will provide evidence-based brief interventions (CBT, ACT and mindfulness-skills) with a variety of patients and family members who present to the ED with psychiatric and health-related distress. In addition, the chosen candidate will work in collaboration with, and provide consultation to, a multidisciplinary emergency medicine team. The ED psychologist will participate in daily operations of the emergency department mental health team; collaboratively work to maximize disposition efficiency for patients with psychological diagnosis; ensure intradepartmental mental health care is practiced in accordance with best medical practice for psychiatric challenges and emergencies; collaboratively work to institute appropriate changes to improve patient/employee/third party satisfaction with the emergency department mental health service chain; review and revise billing procedures to potentially improve revenue cycles for the emergency psychology services; design and pilot research protocols and programs in order to contribute to the emergency services literature. Part of the clinician's regular duties will also be to follow-up with patients who are admitted to acute medicine or coordinate care with Behavioral Medicine team members.

The ED psychologist will also collaborate with Cooper Psychiatry's CL and transitional care team regularly to ensure patient needs are met, including escalation of care or discharge. To that end, the chosen candidate will also ensure mental health emergency procedures meet JCAHO/CMS credentialing requirements and best care practices are followed, which includes providing any needed ongoing education for emergency department personnel and review of cases. There are also opportunities to support ongoing development of disaster relief preparedness efforts, and the ability to create and maintain relationships with mental health community partners (i.e., Oaks Integrated Care, Camden Coalition).

### **Clinical:**

That ED psychologist's will be expected to:

- Provide psychological consultation and psychotherapeutic intervention for patients and families within the Emergency Department.
- Provide evidence-based brief interventions (CBT, ACT and mindfulness-skills).
- Work in collaboration with, and provide consultation to, a multidisciplinary (i.e., Physician, APP, TN, Addiction Navigator) Emergency Medicine team.
- Participate in daily operations of the emergency department mental health team including but not limited to:
  - collaboratively work to maximize disposition efficiency for patients with psychological diagnosis;
  - ensure intradepartmental mental health care is practiced in accordance with best medical practice for psychiatric challenges and emergencies;
  - collaboratively work to institute appropriate changes to improve patient/employee/third party satisfaction with the emergency department mental health service chain;
  - review and revise billing procedures to potentially improve revenue cycles for the emergency psychology services;
  - design and pilot research protocols and programs in order to contribute to the emergency services literature
- Collaborate with Psychiatry CL and TN team regularly.
- Ensure mental health emergency procedures meet JCAHO/CMS credentialing requirements and best care practices are followed, which includes providing any needed ongoing education for emergency department personnel.
- Engage in multidisciplinary committee for care planning for patients that evidence overutilization, disruptive and unsafe behaviors in the Emergency department.

### **Training**

Provide supervision for externs, interns and post-doc fellows in ED and CL rotations of Behavioral Medicine Training Programs

### **Administration**

- Maintain NJ licensure;
- Maintain timely, comprehensive,
- Clinical notes in EMR;
- Provide psychological reports for assessment cases,
- Report to Director of Behavioral Medicine for administrative and clinical issues including scheduling, case assignment, coverage, etc.
- Attend quarterly meetings for community mental health and inter-institutional care planning.
- This is shared with our Psychiatry and ED provider colleagues.

### **Teaching:**

- Ensure completion of requirements and maintain title of Assistant Professor at Cooper Medical School at Rowan University,
- lead and/or co-facilitate didactics; provide professional presentations as requested (staff in-service, Grand Rounds, GME and medical school)
- participation in weekly group supervision and didactic training of Behavioral Medicine team.
- Potential to teach/facilitate shadowing for medical students and Psychiatry residents rotating.

### **Research:**

- Participation in on-going Behavioral Medicine and/or Emergency Medicine research;
- initiation of new projects, work toward procurement of internal and external grant-funding;
- participation in professional presentation at national conferences;
- work toward publication of Behavioral Medicine and ED research.

### **Principal Duties and Responsibilities:**

- Develops meaningful and effective relationships with leadership and frontline physicians, nurses, residents and trainees. Engages in regular direct communication with all staff as well as patients and their families
- Provide consultation as well as liaison services in a busy Emergency Department
- Complete timely documentation in EHR utilizing approved templates and provide yearly selected cases for peer quality review.
- Provides patient risk assessment and recommendations for the ED team
- Identifies gaps in psychological programming and consultations in the ED and recommend and implement solutions.
- Serves as a liaison across the ED. Develops and maintains referral relationships with community-based behavioral health providers to assist in timely psychological and psychiatric support for patients needing referrals.
- Provides consultative support to caregivers seeking referral to appropriate behavioral health providers, including education about most efficient and effective use of behavioral health resources.
- Provide coverage to colleagues during their absence
- Develops original presentations and trainings for ED team as needed to cover areas such as stress management, self-care and provider wellness
- Participate in rotation of weekly didactics and group supervision with Behavioral Medicine team
- Participate in on-going Behavioral Medicine and/or Emergency Medicine research; initiation of new projects, participation in professional presentation at national conferences; work toward publication of Behavioral Medicine and ED research.
- Represent Cooper locally, regionally, and nationally at conferences-presenting emergency. Work collaboratively with other institutions to share best practices and program strategies. Oversee

data collection and maintain database. Submit publications to peer reviewed journals in collaboration with the Division of Behavioral Medicine

- Provide secondary or primary supervision for Behavioral Medicine externs, interns and Post-Doctoral Fellows as applicable.

### **Education, Experience and Special Requirements:**

- Psy.D./Ph.D. in Clinical or Counseling Psychology, with experience in a wide range of mental health issues including serious mental illness, addiction medicine, dual diagnosis, health psychology
- Must be licensed or license eligible in New Jersey
- Excellent oral and written communication skills
- Ability to work independently and exercise sound clinical judgment
- Ability to work in collaboration with multidisciplinary medical team; experience in inpatient hospital settings and/or integrated settings preferred
- Strong organizational and management skills

### **Additional Information**

- Excellent full medical, dental and vision benefits; including mental health with inclusivity of partner and family options for coverage
- Life Insurance
- Optum HealthCare for EAP benefits that include psychotherapy, coaching and variety of financial and legal services.
- 35 PTO days (i.e., inclusive of vacation, professional, sick days)
- 401/ 403B support with Cooper Match after one year of service; excellent low-cost investment opportunities via Fidelity Platform
- Eligible for Public Service Loan Forgiveness with qualified payments
- If living in NJ, Eligible for NJ Higher Education Student Assistance Authority loan forgiveness application
- Free CEU's provided by attending Grand Rounds
- Annual stipend to be utilized for training and education and attendance of conferences and technology
- Company discounts on entertainment/ events (i.e., sports, concerts, museums)
- Annual Incentive Plan

Please send CV and Cover Letter to Kelly Gilrain, PhD, ABPP – [Gilrain-kelly@cooperhealth.edu](mailto:Gilrain-kelly@cooperhealth.edu)