

# Cooper Dermatology Newsletter

July 2025  
Volume 5

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## A word from the Program Director Dr. Lacy Sommer

One year ago, we shared our first issue of the newsletter. I hope you've found the quarterly updates both enjoyable and meaningful, and that they've helped you stay connected to our program.

What makes our program truly exceptional is the close-knit, supportive community we've built together. These connections are at the heart of who we are – and they've never been more important. The loss of **Dr. Robert Duffy** was a profound tragedy, one that deeply touched us all. In our grief, we leaned on each other, and in doing so, demonstrated the strength and compassion that define our program. As we move forward, I encourage each of you to stay in touch with one another, support your colleagues, and take time to nurture the relationships and connections that matter most to you.

As we start the 2025-2026 academic year, we warmly welcome our incoming dermatology resident, **Diana Zarowin**, and our Mohs fellow, **Kyle Lauck**.

Our chief residents, **Kristen Randolph** and **Erika Tvedten**, have curated an excellent Grand Rounds series for Thursday mornings. We invite you to join us and welcome your participation through case presentations. Details for this year's lectureship series can be found on page 9. We always look forward to hearing from our alumni and colleagues – please feel free to share updates or photos by reaching out at Sommer-Lacy@cooperhealth.edu.



**Cooper Medical School  
of Rowan University**

**Cooper**  
University Health Care

## A Tribute to Dr. Robert F. Duffy

On May 15, 2025, we experienced the sudden and unexpected passing of our beloved Cooper Dermatology and HMGS colleague, **Robert F. Duffy, MD**.

Dr. Duffy (who liked to be called Robby) graduated with honors from Cooper Medical School of Rowan University in 2019. He completed his medical internship at Cooper, followed by his dermatology residency at Cooper, and a subsequent fellowship in pediatric dermatology at the Children's Hospital of Philadelphia. We were delighted when Dr. Duffy decided to join our practice in August 2024 and become an Assistant Professor of Medicine (Dermatology) at Cooper.

Dr. Duffy was a brilliant, kind, compassionate, and dedicated physician. His patients and colleagues adored him because of his jovial demeanor, genuine warmth, and desire to deliver the best care possible. His exuberant joy of life made him special, with a passion for travel and culinary delights. His inquisitiveness knew no bounds, always striving for new knowledge, whether in dermatology, cooking, hiking, yoga, or learning a new language. He was an endearing Renaissance man who lived life to the fullest. He was on the cusp of greatness, personally and professionally, making this news difficult for anyone who knew Robby.

Dr. Heymann delivered Robby's eulogy which you can read [here](#).

Robby will be sorely missed and fondly remembered in our hearts. In conjunction with Robby's family, we are in the process of establishing the **Robert F. Duffy Memorial Lecture in Pediatric Dermatology**. Additional details will be provided once established.





## Congratulations to our Graduates!



*We will  
miss  
you* ♥

On June 21, we gathered to celebrate the graduation of our resident graduate, **Dr. Carlos Vieira**, and our Mohs fellow graduate, **Dr. Shayna Rivard**. Dr Vieira will be joining the [Dermatology Specialists](#) at their Fishtown and Old City Philadelphia locations. Dr Rivard will be joining [APDerm](#) performing Mohs surgery in Wolfeboro, New Hampshire. Congrats and good luck to you both!



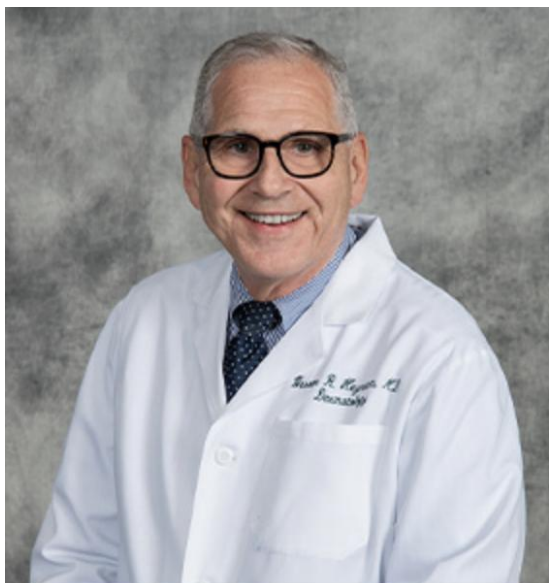
Pictured left to right: Dr. Introcaso, Erika Tvedten (PGY-3), Carlos Vieira (PGY-4), Kristen Randolph (PGY-3), Matthew Taylor (PGY-2), and Dr Sommer.

Follow us on social media:



@cooperdermresidency  
@hmgdserm

## Dr. Heymann is now President of the ABD's Board of Directors



*Congratulations!*

**Dr. Warren R. Heymann** was named President of the [American Board of Dermatology's Board of Directors](#). His term began July 1 and will continue through the 2025-2026 academic year. This prestigious appointment reflects Dr. Heymann's long-standing contribution to dermatology and medical education.



## Faces and Places



**Dr. Kachiu Lee** from Main Line Center for Laser Surgery provided our residents with an educational session on chemical peels. Thank you for your time and expertise, Dr Lee!



Pickle Ball fever at Cooper! Both our residents and faculty enjoy some friendly competition on the courts.

## Alumni Spotlight

### Sandra Kopp, MD

**Medical School:** UMDNJ-Robert Wood Johnson Medical School,  
New Brunswick, New Jersey

**Current practice location:** Cherry Hill, New Jersey

**Website:** Nova Dermatology  
[www.novadermnj.com](http://www.novadermnj.com)  
[facebook.com/NovaDermNJ](https://facebook.com/NovaDermNJ)  
[@novadermnj](https://twitter.com/novadermnj)



#### Clinical interests and scope of practice:

General medical, surgical, and cosmetic dermatology with particular interest in hair loss, infectious diseases, and laser surgery.

#### What is your fondest memory of Cooper Dermatology?

One of the most meaningful aspects of my time at Cooper Dermatology was the deep connection between residents and faculty. As part of a smaller program, we had the privilege of extensive one-on-one learning with attendings who were not only extremely knowledgeable and ethical but also deeply committed to our growth. Cooper Dermatology is a special place where you're not just a number; you're part of the family.

But what truly made the experience memorable was the laughter along the way. I still remember Dr. Heymann telling us the tale of "Dr. Frisma" with a completely straight face. When I finished my boards, the first people I wanted to call were Drs. Manders and Green—to let them know that Balamuthia DID show up on my exam and I'm pretty sure I was the only one who nailed it!

#### Words of advice to current dermatology residents:

Soak up every ounce of wisdom from your attendings—they truly are living legends. The first year it will seem very overwhelming but somehow it all starts to come together in the second year. Try to learn about billing and the business side of medicine. It'll serve you well in the long run. And if you get the chance- apply for the AAD International Resident Grant to spend time learning and practicing dermatology abroad- it is truly life changing. But regardless of how much you accomplish, it's a well-accepted fact: Pascal will always be the favorite resident. Some legacies are simply untouchable.

#### Words of advice to recent graduates:

Have Dr. Heymann on speed dial! It's completely normal and healthy to feel humbled during your first year out of training. Lean on more experienced colleagues and remember that learning is a lifetime practice. You're not expected to know everything, but trust that you have been well trained and have an incredible network to lean on. Stay curious and current with the literature, but also give yourself permission to enjoy a healthy work-life balance. Take that vacation, make time for loved ones, and find hobbies outside of medicine.

#### Favorite clinical pearl:

Switching to the painless PDT protocol—an easy, well-tolerated treatment that patients overwhelmingly prefer to topical alternatives.



## Resident Spotlight

## Kristen Randolph, MD



Kristen is one of our current PGY-4 Chief residents.

**Hometown:** Rockaway, NJ

**Medical School:** Virginia Commonwealth University School of Medicine, Richmond, VA

**Internship:** Virginia Commonwealth University Health System, Richmond, VA



**Why did you choose dermatology?** It balanced all of my clinical interests — procedures, oncology, rheumatology, and histopathology. I'm a visual learner and loved the idea of being able to make a diagnosis based on what I could see (both grossly and under the microscope!). I also wanted to have longitudinal relationships with patients in an outpatient setting.

**Clinical interests or desired scope of practice:** I want to be a true general dermatologist with a mix of medical dermatology, pediatric dermatology, excisions and other procedures, and cosmetics! I like treating acne because it combines many of these areas.

**What is your favorite thing about Cooper Dermatology?** The people! Everyone is unique with varying clinical and personal interests, which means there is something new to learn from everyone. Everyone involved with the program is dedicated to our success.

**Favorite clinical pearl:** Dosing isotretinoin up to 220mg/kg to reduce risk of acne relapse and retreat of isotretinoin.

**If you weren't a doctor, what would you be:** Interior Decorator/Professional Organizer

**If not in the hospital, where are you/what are you doing:** On a walk with my husband, Kyle, and our dog, Tucker!

**Favorite Movie or Show to stream:** Severance

**Favorite food or restaurant:** Mediterranean food--I had one of the best meals at Estia in Philly during restaurant week.

## Departmental Scholarly Activity

### Selected Recent Publications:

Profound anaemia and thrombocytosis due to hidradenitis suppurativa. Abou Issa J, Cheng D, Greidinger A, **Introcaso C**, Klein M. BMJ Case Rep. 2025 Jul 10;18(7):e261427. doi: 10.1136/bcr-2024-261427. PMID: 40639868.

Assessing the Efficacy of Compression Therapy on Second Intention Wound Healing After Dermatologic Surgery: A Randomized, Controlled Trial. **Scherz LA, Walkosak CC, Renzi MA Jr, Jennings T, Tvedten E, Lawrence N.** Dermatol Surg. 2025 Jun 4. Online ahead of print. PMID: 40464396

Mohs for Melanoma With and Without MART-1 Stains: A Comparison of Outcomes. **Walkosak CC, Renzi MA Jr, Jennings T**, Bendjilali N, **Lawrence N.** Dermatol Surg. 2025 May 29. Online ahead of print. PMID: 40439248

Sexual dysfunction in dermatology: A silent epidemic. **Heymann WR.** J Am Acad Dermatol. 2025 Jun 19:S0190-9622(25)02357-6. doi: 10.1016/j.jaad.2025.06.032. Epub ahead of print. PMID: 40541615.

Janus kinase inhibitors battle in the heavyweight class. **Heymann WR.** J Am Acad Dermatol. 2025 May 30:S0190-9622(25)02212-1. doi: 10.1016/j.jaad.2025.05.1426. Epub ahead of print. PMID: 40451309.

*Have you published something recently? Please let us know and we will share it in our next newsletter!*



Stay current with **Dr. Warren Heymann's** weekly commentary on new and relevant articles and topics in the dermatologic literature.



Don't miss *The DermSurgery Digest*, a monthly podcast hosted by **Dr. Naomi Lawrence** and co-host **Dr. Michael Renzi** where you can hear a concise monthly review of journal articles from "Dermatologic Surgery."





### From the Archives

Circa 2012: **Lindsay Eminger, MD**, **Preston Chadwick, MD**, and **Sandra Kopp, MD** at the microscope in Dr. Heymann's office

### Shared Alumni Database



Since the Program's inception by **Dr. Warren Heymann** in 1995, our Program has aimed to promote and foster competent and compassionate care for patients and instill in our residents a commitment to excellence and life-long learning.

We are proud of you, **our alumni**, for carrying on our mission and the many successes you have achieved along the way.



The goal of the shared database is to help our alumni, faculty, and current trainees to connect to one another for professional opportunities. Please add or edit your information as appropriate.



## Important Dates for 2025-2026

Please join us for **Virtual Grand Rounds** for the upcoming academic year. You may use the Zoom Link below. The usual format is 7:45-8:00am Lightning Rounds, 8:00-9:00am in-depth case discussions, and 9:00-10:00am Guest Speaker Lecture. Dr Heymann and the residents present Journal Club 10:00-11:00am.

### Join Zoom Meeting

Meeting ID: **815 3680 0511**

Passcode: **769928**



### Grand Rounds Dates:

- Sept 4, 2025 - Dr. **Robert Micheletti** (U of Penn) on vasculitis
- Oct 9, 2025 - Dr. **Lisa Zaba** (Stanford) on Merkel Cell Carcinoma
- Nov 6, 2025 - Dr. **Erin Mathes** (UCSF) on Neonatal Derm
- Dec 4, 2025 - Case discussion only, no guest lecture
- Jan 8, 2026
- Feb 5, 2026 - Dr. **Robert Kirsner** (U of Miami) on Chronic wounds and wound healing
- March 5, 2026
- April 2, 2026
- May 7, 2026 - Dr. **Kyle Lauck** (Cooper)
- June 4, 2026 - Case discussion only, no guest lecture

### Philadelphia Dermatologic Society Meetings: (Virtual)

- SKMC/Thomas Jefferson University Hospital - October 10, 2025
- Perelman SoM/Hospital of the University of Pennsylvania - November 14, 2025
- Bryn Mawr Hospital - January 9, 2026
- **Cooper Medical School of Rowan University - February 6, 2026**
- Philadelphia College of Osteopathic Medicine - March 20, 2026
- Children's Hospital of Philadelphia - April 17, 2026
- The Lewis Katz School of Medicine at Temple University - May 22, 2026

### Other Conferences:

- Pennsylvania Academy of Dermatology - Hershey, PA - September 18-21, 2025
- ASDS Annual Meeting - Chicago, IL - November 13-16, 2025
- Derm Foundation Clinical Symposia - Naples, FL - January 28-31, 2026
- AAD Annual Meeting - Denver, CO - March 27-31, 2026

## From the Division Head

Dear friends and colleagues,

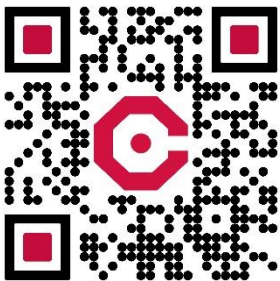


**Dr. Camille Introcaso**

July is always a bittersweet time in medical education as we say goodbye to our graduates and welcome the energy and excitement of new trainees. Our transition from 2024/2025 to 2025/2026 is the toughest one yet because of the loss of our alumnus, faculty member, and beloved friend **Dr. Robby Duffy**. Dr. Duffy's curiosity, warmth, and willingness to work hard made him a superb physician. Our Cooper Dermatology and HMGS community will not be the same without him.

But as we mourn this profound loss, we also find hope and pride in celebrating the recent graduation of **Dr. Carlos Vieira** and **Dr. Shayna Rivard**. Their achievements reflect the strength and continuity of our program, and we look forward to their continued meaningful contributions to the field.

As always, thank you for supporting our program and community. This spring your donations allowed our Dermatologic Surgery Research Fellow, **Luke Scherz**, to travel to the Society of Pediatric Dermatology Meeting to present an award-winning case report. During this time of economic uncertainty for healthcare organizations, donations to the Cooper Foundation Dermatology Education, Training, and Research Fund are an increasingly important part of our ability to provide excellent educational opportunities to our trainees.



*To make a **donation to the Cooper Foundation** please scan the QR code or click [HERE](#) and choose the **Dermatology Education, Training, and Research Fund** from the drop down menu.*

*Please note that the Cooper Foundation is an independent, charitable, tax-exempt 501(c)(3) organization (Tax ID number is 22-2213715) and the philanthropic, community outreach and community development arm of Cooper University Health Care. The Cooper Foundation does not provide tax, legal, or financial advice. Any document or information shared by our staff is intended to be educational and informational. The Cooper Foundation strongly encourages all of our benefactors to seek counsel from their own legal and financial advisors. Please know that any information or documents shared by the Cooper Foundation staff cannot be used to avoid tax-related penalties.*

We encourage you to send in updates so we can keep everyone apprised of current happenings in their personal and professional lives. Please send your updates and newsworthy information as well as any comments and suggestions to [Sommer-Lacy@cooperhealth.edu](mailto:Sommer-Lacy@cooperhealth.edu)